

Roadmap

College and Career Counseling | 10th Grade

By now, you have gone one full circle around the sun as a high schooler. Well done! You tried new things, made new friends, learned new skills, and acquired new knowledge. As a sophomore, you continue building that foundation so you are well prepared to reach your goals.



What to do throughout All Four Years

Keep your grades up and aim at your personal best.

Continuing to work at your personal best and demonstrating progress over time is indicative of many important skills such as commitment to long-term goals, discipline, and consistency. It is the best predictor for college grades and college readiness.

Stay connected with your counselor.

Meet with your counselor to discuss your academic plans, extracurricular interests, college and career goals, and any needs you may have. You may also reach out if you need emotional support or if you are just having a bad day. We are here to support you!

Tour college campuses.

If you can, take advantage of your vacation or travel plans by visiting colleges in the area. Visiting college campuses is the best way to determine if the school is the right fit for you. Even if you have no interest in attending a particular college, if you have the opportunity, we encourage you to visit it anyway as this will help you learn more about what you want and don't want in a school.

Explore academically and personally.

Continue taking classes that pique your interest, take calculated risks, and challenge yourself. You may stick to activities you did during your freshman year or try new things.

Establish contact with college athletic programs.

Students interested in playing sports in college should establish contact with coaches and athletic programs.

Attend on-campus visits with college representatives.

Learn more about what that campus has to offer its students. Gain insight into each college's admission process while exploring if the school could be a potential match for you. Often the Admission Counselor you meet at the college visit will be the same person who will be reading your application. Help set yourself apart from other applicants by getting to know the representative.

Get involved and stay involved.

Continue participating in extracurricular activities. Consider committing to activities for the long run to demonstrate commitment and consistency. Universities typically look for a well-rounded student in their comprehensive selection process, one that will contribute to the culture and community on campus.

Explore summer opportunities.

Continue your academic, career, and personal growth by engaging in meaningful activities over the summer. Consider looking for an internship, job, or volunteer position. Use this time to further explore your interests and continue to build your college resume for admission.

Build your resume on Cialfo.

It is important that you update your resume at least once a year to keep a record of your academic accomplishments, extracurricular activities, work history, and awards/honors. Be sure to note the responsibilities you held for each experience, especially any leadership roles you served.

What to do throughout

10th Grade

Take the PreACT - again.

All sophomores will take the PreACT again in the fall. You will be able to compare your score to last year and identify areas that still need improvement. Use your score report to prepare and practice for the official test in the spring of your junior year.

Participate in the La Salle Reality Fair.

The Reality Fair is a great hands-on experience where you will learn about practical life skills such as how to budget and manage expenses, weighing needs versus wants, and investing in your future based on the earnings for your career of interest.

Research how to obtain financial aid.

Many students use state and federal aid to cover the cost of college. Find out what financial aid is, where it comes from, the eligibility requirements for the various types of aid, and how you can apply for it.

Attend the La Salle College Forum.

Join us with your parents to hear from multiple sessions presented by admission representatives and industry experts on college and career planning.

Attend college and career fairs.

Attend local college fairs to meet with representatives from a wide variety of in-state and out-of-state colleges. Ask the college representatives for information about their school such as admission requirements, programs of study, student life, and cost.

